# **SAFE Research**

**Support and Aid to Families Electronically (SAFE): Addressing Intersecting Academic and Community Needs** 

2020 - present

King's University College at Western

Dr. Jane Sanders - Principal investigator

• Mixed methods study on the impact and feasibility of the Support and Aid to Families Electronically (SAFE) pilot program. SAFE provides remote social work support to parents of elementary and secondary students while providing a remote practicum opportunity for social work students.

### **External Grants**

### **SSHRC Insight Development Grant (IDG)**

\$46,962.00

June 2021 – June 2024

Assessing the Support and Aid to Families Electronically program: An online social work practicum delivering support to families remotely

Dr. Jane Sanders - Principal investigator

### **Peer-Reviewed Publications**

- \* Indicates students
- 1. **Sanders, J.**, \*Seale A.,\* Wilton, L.,\*Carrothers, E.,\*Siddall, M.,\*Pereira, Z.,\*Watson, E.,\*Bernardi, K., Arundel, M.K. & Csiernik, R. (in press). "A better me for my children": A call for systemic relational family work in child and youth mental health. *Families in Society*
- 2. **Sanders, J.**, \*Seale, A., \*Lewis, V., Arundel, M.K. & Csiernik, R. (2023). A feasibility study of the SAFE pilot program: A university-school board partnership. *Research on Social Work Practice*, *34*(2), 201-216. https://doi.org/10.1177/10497315231159059
- 3. **Sanders, J.**, \*Antia, H., \*Bernal, E, \*Landon, J., \*Reed, A.J., \*Seale A., \*Sullivan, H., \*Sutton, E., Arundel, M.K., Csiernik, R. (2022). Support and Aid to Families Electronically (SAFE): Addressing intersecting academic and community needs. *Journal of Social Work Education*, 0(0), 1-27. https://doi.org/10.1080/10437797.2022.2089305

### **Peer-Reviewed Publications in Review**

- 1. **Sanders, J.**, \*Carrothers E., \*Gamble, O., \*Neeb, D., & Arundel, M.K., (submitted) The cost of caregiving: The disproportionate and invisible impact of COVID-19 on women.
- 2. **Sanders, J.**, \*Bernal, E., \*Landon, J., \*Sutton, E., \*Sullivan, H., \*Reed, A.J., \*Antia, H., \*Seale, A., Arundel, M.K. & Csiernik, R. (submitted). A community of learning developed by social work students in an innovative and remote social work practicum: A PAR study.
- 3. **Sanders, J.**, \*Seale, A., \*Vines, H., \*Skeete, C. I., Carrothers, E., Arundel, M.K. & Csiernik, R. (in review). Student learning during the Support and Aid to Families Electronically (SAFE) practicum pilot.

## Reports, Other Publications, and Clinical Writing

- 1. Sanders, J., \*Corson, S., \*Hansford, L., Arundel, M.K., (2024). SAFE Year 3 (2022-2023) Executive Summary
- 2. **Sanders, J.**, \*Arbing, S., Arundel, M.K., (2024). SAFE Year 2 (2021-2022) Executive Summary
- 3. **Sanders, J.**, \*Arbing, S., Arundel, M.K., (2022). SAFE Year 1 Executive Summary: A Feasibility Study of the Support and Aid for Families Electronically (SAFE) Program Pilot Year 2020/21. <a href="https://socialwork.kings.uwo.ca/socialWork/assets/File/field/safe/SAFE-Year1-Executive-Summary.pdf">https://socialwork.kings.uwo.ca/socialWork/assets/File/field/safe/SAFE-Year1-Executive-Summary.pdf</a>

### **Peer-Reviewed Conference Presentations**

- 1. Sanders, J., Arundel, M.K., Smith, C., \*Perrow, T., \*Van Bakel, N., \*Arnold B., Baird, S., \*MacGowan, S., \*Herbert, L., \*Setemans, A., \*Logan, P., Seale, A., Lewis, V., Brander, K., & Carrothers, E, (2024, June). SAFE and the KCSC Practicum Programs: Two Innovative University-Community Partnerships Providing High-Quality Practicums While Addressing Gaps in Service Provision [Panel presentation]. Canadian Association for Social Work Education (CASWE-ACFTS) Annual Conference, Montreal.
- Sanders, J., Arundel, M.K., Seale, A., \*Lewis, T., Csiernik, R., Carrothers, E., \*Arbing, S., \*Garcia, L., \*Arnold, B. & \*Beishuizen, M. (2024, January). Support and Aid to Families Electronically (SAFE): Three years in [Poster presentation]. Society for Social Work and Research (SSWR) 28<sup>th</sup> Annual Conference, Washington, DC.
- 3. Sanders, J., Arundel, M.K. & Csiernik, R. (2023, January). Support and Aid to Families Electronically (SAFE): A university-school board partnership providing social work services to families [Oral paper]. Society for Social Work and Research (SSWR) 27<sup>th</sup> Annual Conference, Phoenix, AZ.
- 4. Sanders, J., \*Seale, A., \*Lewis, V., Arundel, M.K. & Csiernik, R. (2022, October). Support and aid to families electronically (SAFE): A university-school board partnership providing social work services to families [Oral paper]. Canadian Association for Social Work Education (CASWE-ACFTS) Annual Conference, Virtual.

# **Invited Presentations and Training**

- 1. Sanders, J., Arundel, M.K., Smith, C., Baird, S., Van Bakel, N., \*Logan, P., \*MacGowan, S., \*Arnold, B., \*Perrow, T., \*Laura H., \*Corson, S., \*Bousada, F., \*D'Agostin, R., \*Libera, K., \*Mathies, C., \*Sivakumar, J., Brander, K., & Carrothers, E., (2024, March). SAFE and KCSC King's research week presentation. King's Research Week. King's University College at Western, London, ON
- 2. **Sanders, J.,** (2024, March). International Women's Day Talks. The Office of Equity, Diversity, Inclusion, and Decolonization (EDID). King's University College at Western, London, ON.

### **Student Training and Supervision in Research**

\*King's student

\*\*Students from outside of King's

\*\*\*PhD students

#### **2023/2024** Academic Year (12)

- 10 students placed in SAFE: Nicole Van Bakel\*, Bailey Arnold\*, Fiona Bousada\*, Sonya Corson\*, Laura Hansford\*, Madison Beishuizen\*, Ajay Gallacher\*, Desiree Stanlick\*, Olivia Gamble\*, Derik Neeb\*
- 1 RAs: Victoria Lewis\*\*
- 1 Research Coordinator: Ariel Seale

#### **2022/2023** Academic Year (10)

- 9 students placed in SAFE: Sarah Arbing\*, Lizeth Alvarez Garcia\*, Elora Watson\*, Kendra Bernardi\*, Mackenzie Siddall\*, Mackenzie Kirschner\*, Ashleigh Lucas\*, Jessica Foster\*, Zenaida Pereira\*
- 1 Research Coordinator: Ariel Seale

### **2021/2022** Academic Year (11)

### SAFE research:

- 5 students placed in SAFE: Charles Skeete\*, Lauren Wilton\*, Liam Barstead\*, Shelby Gossier\*, Tracy Brooks\*
- 5 RAs: Victoria Lewis\*, Heather Vines\*, Esther Bernal, Emma Sutton, Jessica Landon
- 1 Research Coordinator: Ariel Seale\*

### **2020/2021** Academic Year (9)

### SAFE research:

- 7 students placed in SAFE: Ariel Seale\*, Esther Bernal\*, Emma Sutton\*, Jessica Landon\*, Hazel Antia\*, Andrew James Reed\*, Hayley Sullivan\*
- 2 students hired as RAs: Victoria Lewis\*, and Heather Vines\*